

Gain confidence and develop skills in a supportive environment



Aquatic Therapy



Improve gross and fine motor skills



Expand communication and social skills



Develop water safety and awareness

- > Water based therapy for all ages to help develop skills in a supportive environment specifically for individuals with disability
- > Proven model developed by therapists designed to improve everyday functioning
- > Therapist to client ratio 1:1
- > Sessions conducted by fully qualified OT's, Physios and Speech Pathologists

Rapidswim has provided people of all ages living with a disability the opportunity to gain water confidence in a supportive environment for 26 years.

Weekly sessions run in conjunction with school terms.

NDIS registered provider.

Sessions individually tailored to address NDIS and personal goals.

- **Gross motor skills** – Strength, balance and coordination
- **Fine motor skills** – Develop grip, hand and finger strength
- **Communication skills** – Exploring and developing methods for meaningful communication
- **Social skills** – Team work, taking turns and sharing
- **Water safety and awareness** – To promote opportunities to learn to swim and to increase safety in aquatic environments

Locations and Program Times:

Hampstead Rehabilitation Centre - Monday 6.15pm to 7.45pm, Thursday 5.30pm to 7.30pm and Saturday 10am to 12:45pm

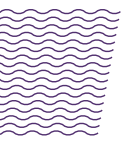
Minda Aquatic Centre - Monday 9.00am to 7.45pm, Tuesday 3pm to 7.30pm & Wednesday 6pm to 8pm

Women's and Children's Hospital - Wednesday 5pm to 7pm

CHG Mile End - Wednesday 5:30pm to 7:30pm

For further information and to register your interest go to:

www.inclusivesportsa.com.au/rapid-swim/



Gain confidence and develop skills in a supportive environment

Aquatic Therapy & the NDIS



Aquatic Therapy Fees:

Aquatic Therapy sessions are charged in line with the NDIS price guide. Visit [NDIS.gov.au](https://www.ndis.gov.au) for further details.

\$ 96.99 for a 30 min session Annual Quote - 40 sessions per year \$3879.60

\$145.49 for a 45 min session Annual Quote - 40 sessions per year \$5819.60

My Goals:

The NDIS supports provided in your plan will be directly related to your goals and aspirations. Rapidswim: Aquatic Therapy sessions can help you work toward improving skills such as:

- > **Gross motor skills**
- > **Fine motor skills**
- > **Communication skills**
- > **Social skills**
- > **Water safety and awareness**

How to claim for Aquatic Therapy sessions in my NDIS plan:

- > **Capacity Building**
Improved daily living skills

You will be required to complete the Rapidswim Service Agreement which will detail how your NDIS plan is managed and the number of sessions that you would like to attend within the plan dates.

For further information or to register your interest:

w: www.inclusivesportsa.com.au/rapid-swim/

e: rapidswim@inclusivesportsa.com.au

p: 8122 6730

NDIS REGISTERED PROVIDER

